



I'm Shannie Russell.

My happiest days are spent teaching children and adults how to deepen their awareness and unleash their intuition.

Ultimately, tapping into unrealized human potential brings more confidence, freedom, and an amazingly fulfilled life!

I am a single mom, world traveler, and life-long learner and I have great news... the answers you seek are not outside of you, they are within you!

If you feel compelled to reach out or stay in touch, please do! We are all in this together!

Love always,

Shannie

“ Every relationship is about conversation and every conversation is with ourselves so the first and most important conversation we need to master is the one that’s running inside our own heads. ”

It's my delight to support your journey out of limiting self-talk and negative behaviors and into authentic self-expression and inner-wisdom!

Have something you'd love to share? Questions, comments, even just to strike up a conversation about how your day is going?

I welcome it all!

contact me at shannie@shannierussell.com
or learn more at www.shannierussell.com



Shannie

*Your intuition and consciousness
- empowered!*

EOV Training

Does your child struggle with:



Social anxiety
Negative attitude
Limiting beliefs
Low self-confidence

Behavioral issues
Fear or anxiety
Difficulty concentrating

Extra Ocular Vision Training (EOV)™ is training centered on teaching children how to expand their intuition and develop their pre-conscious mind. Often referred to as brain development training, EOV awakens dormant skills and abilities.

benefits of EOV training

Improved focus
Expanded consciousness
Awakened intuition

Improved positive attitude
Increased self confidence
Deeper self-expression
Self-reliance
Greater sense of fun!



Intuitive Wisdom Coaching

What could you use Intuitive Wisdom Coaching to focus on?

Look to Intuitive Wisdom Coaching to focus on your goals in health, business, family, friends, fun and recreation, career, finances, fulfilling dreams, allocating more time and energy to what matters most, or to focusing on what your life purpose truly is.

“A life coach is really just a coal miner used for digging through the platitudes and finding out what’s true for the individual. The truth of a person’s life isn’t only about the will toward integrity; it’s about discovering what you want under the layers of what you’ve been told you should want all these years.”

FOUR CORNERSTONES OF CO-ACTIVE COACHING



Naturally Creative, Resourceful, and Whole –you have the answers, My job is to get the answers out.



Focus on Your Whole Person- how you function in one area is reflected in others. Everything is connected.



Evoke Transformation - my role is to call you forth to your desired life with balance and fulfillment.



Dance in This Moment -embrace where you are as you move towards your desired life vision.



Intuitive Wisdom Coaching Packages

My fees are based on your individual coaching requirements which we will evaluate during your initial Intuitive Wisdom Coaching Session. However, typical Coaching Packages range from 6-12 sessions over a 3 month period. Payments to be made in advance of sessions through my website.

Coaching calls can be booked with whatever frequency you want, includes FREE Follow-Up Coaching Call 90 days after coaching contract ends.

What to expect between calls

- You will be given mutually agreed upon exercise(s) to enrich your coaching results.
- You have unlimited email communication privileges.
- You have unlimited access to me for quick connection calls when required.

Schedule an EOV™ discovery session or Intuitive Wisdom Coaching consultation today!

contact me at shannie@shannierussell.com
or learn more at www.shannierussell.com